

10 SIMPLE WAYS TO MAKE YOUR
DISTRICT ASSEMBLY MORE

SUSTAINABLE

1. BRING YOUR OWN WATER BOTTLE

keep plastics out of the ocean by refilling your bottle

2. BRING YOUR OWN COFFEE TRAVEL MUG

stays hot longer and prevents spills

3. BRING YOUR OWN CUTLERY

a knife, a fork, and a spoon easily fit in your bag or purse

4. CARPOOL

coordinate travel to and from DA, hotel, and meals

5. RECYCLE PAPER AND PLASTIC

if no recycling is present, hold onto the item until you can recycle it

6. CONSERVE ENERGY

avoid waste of energy and turn off lights and hvac when not needed

7. CHOOSE SNACKS WITHOUT WRAPPERS

try fruits & veggies, or nuts from the bulk grocery section

8 OPT OUT OF HOTEL ROOM CLEANING & FREEBIES

save water & energy by reusing linens, and bring your own soap

9. EAT MEAT AT ONLY ONE MEAL EACH DAY

this small change makes a big impact for the planet

10. GO PAPERLESS WITH YOUR PROGRAM

opt out of paper programs & flyers by utilizing digital resources

